

July

2019

Rio Mesa Girls Basketball

Summer Basketball Program

The Rio Mesa Girls Basketball Program runs for five weeks. It involves two tournaments for athletes that are attempting to earn a place on the varsity team and one tournament for the lower level teams. The lower level players will have separate practice sessions from the more advanced players and will also have the opportunity to play in a league that we host at Rio Mesa. In addition to their practices the more advanced athletes will participate in one summer league and two multi-team scrimmages. Athletes will be asked to participate according to their demonstrated skill level. The summer program is an evaluation period and team assignment will be based on ability and commitment.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Tryouts 12:00 – 2:00 Var @ Oxnard High Scrimmage	2 Tryouts 12:00 – 2:00 Var practice 2:00 - 4:15	3 Tryouts 12:00 – 2:00 Var practice 2:00 - 4:15	4	5	6
7	8 RMHS Basketball Camp 8:00 - 2:00 Var @ Birmingham High	9 RMHS Basketball Camp 8:00 - 2:00 Tryouts 2:15 – 4:30	10 RMHS Basketball Camp 8:00 - 2:00 Tryouts 2:15 – 4:30	11 RMHS Basketball Camp 8:00 - 2:00 JV Summer League	12 RMHS Basketball Camp 8:00 - 2:00 Tryouts 2:15 – 4:30	13
14	15 Tryouts 12:00 – 2:00 Var @ Birmingham High	16 Tryouts 12:00 – 2:00 Var practice 2:00 - 4:15	17 Tryouts 12:00 – 2:00 Var practice 2:00 - 4:15	18 Tryouts 12:00 – 2:00 JV Summer League	19 Tryouts 12:00 – 2:00	20
21	22 Tryouts 12:00 – 2:30	23 Tryouts 12:00 – 2:30	24 Tryouts 12:00 – 2:30	25 Tryouts 12:00 – 2:00 JV Summer League	26	27
28	29	30	31			

League and tournament schedules do be distributed at a later date.